

*Helena House*  
*An Assisted Living Community*  
*By: Assisted Living Concepts, Inc.*

May 18, 2008

The Helena House invites your organization to participate in our first *Health and Wellness Day* on Saturday, June 21 from 10:00 a.m.-3:00 p.m. The day's events will include screenings, booths, and discussions from health care professionals in Beaufort County. The target focus will be to offer valuable information for seniors or for older adults who would like to prepare for the golden years.

Your agency is invited to set up a booth, provide a health service and/or distribute information. Tables and chairs will not be provided. There is a five dollar fee to cover food costs as we will be offering free lunch to all.

**The deadline for reserving your spot is June 1, 2008.** Please email or call me at (843) 812-6260 or simply stop by to make your reservation. We are very excited about this and encourage you to take advantage of this worthwhile event.

Sincerely,  
Anna Makar  
Sales and Marketing Manager  
Helena House